

Circus Academy Coordinator

Amy Hirsth Fansler is the proud mother of three children, and has resided in Macomb now for ten years. Amy was a gymnast from age 3-18 until going off to college where she then joined the Gamma Phi Circus as an acrobat while attending Illinois State University. Amy also performed professionally for a traveling circus along the East coast, called The Circus Kingdom.

During her college years, Amy was one of five teachers to help launch a summer circus camp for kids in Chicago for the Highland Park District. Due to experience both performing and teaching many different types of circus skills Amy hopes to launch a successful circus school right here in Macomb. She will draw on her related skills of being an ACE Certified Fitness Instructor for more than 18 years, as well as working in physical therapy as an aide at McDonough District Hospital.

Currently Amy is completing her physical therapy education at Black Hawk College. Amy and her colleagues at the YMCA hope you will join us while we discover just how amazing the physical aspect of the human body is, and to explore amazing ways to harness the God-given talents inside of all of us.



REMEMBER:

Healthy Kids Day

Coming in April!



YMCA Circus Academy

YMCA of McDonough County
400 East Calhoun Street
Macomb, Illinois 61455
309.833.2129
www.macombymca.org

YMCA Circus Academy



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA Circus Academy

The YMCA Circus Academy is a new program for children age 7 and up to enjoy a Circus experience first hand!

The Circus Academy will offer participants the opportunity to learn many unique skills in small group settings.

Circus Academy Acts

- Aerial Silks
- Juggling
- Stilt Walking
- Unicycling
- Log Balancing
- Ball Acro
- Tumbling
- Hooping
- Acrosports
- Clowning
- Cloud Swing
- Lyrical Hoop

Circus Summary

- Class will begin with a large group warm-up and then participants will rotate to the different stations of circus skills
- Children are encouraged to try all the Circus Acts provided in the Academy
- Children will select specific skills they would like to concentrate on to achieve mastery of the skill.
- Academy staff may place students in certain acts.
- Some acts will require a try-out.



YMCA Circus Academy

A Summer of Fun!

Summer Circus Academy

June 7—July 21, 2011

Tuesday and Thursday from
9:00-10:30 am

Fee: \$56 Y member

\$112 Non-member

Hours of fun!

Special Thanks To Our Sponsors

West Side Lumber- Jack Nixa

McDonough District Hospital

Farm King

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Laverdiere Construction

Thanks to Joy Knicl for making the
bean bags for the Juggling Act!

www.macombyymca.org